

How to get what you want using law of attraction

Written by Ellen Frankel
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The law of attraction is a theory stating that if you think something will happen, you will have a greater chance of seeing the desired outcome than if you passively waited for the desired outcome. In other words, the law of attraction means that “like attracts like.” If you think positively, positive things will happen in your life. Whereas, if you think negatively, you will attract negative outcomes. While the law of attraction has been greatly debated among believers and skeptics, people that believe in the law of attraction are quick to defend its validity and share the wealth of knowledge about how to get what you want using law of attraction.

The first step to getting what you want using the law of attraction is to determine what it is you would like to see happen in your life. For some people this will simply mean a greater sense of happiness. For others, it will mean achieving success at work, greater wealth or a completely different lifestyle than what they have now. The law of attraction works off of thoughts, visualizations and the ability to use the imagination. For something to actually come to fruition from using the law of attraction, it takes much more time and effort than simply visualizing something and having it come true.

Once you have determined what you want to attract in your life, you’ll need to turn your thoughts to this goal. Visualize yourself already having attained this goal. Most of the reason that people claim the law of attraction works for them is because they truly believe that it will work. Believing in something is half the battle. Take for instance someone who wants to be successful in their career. If they wake up every day thinking that they will be a failure, not believing in themselves and having little confidence that they will be successful, chances are that they will not be successful. On the other hand, if the same person wakes up every day thinking that they will achieve greatness, be more successful, get a promotion and have greater wealth, they will have a better chance of reaching this goal than if they operated under the assumption that it could not happen.

For the law of attraction to work, many people say that the thoughts also have to exist in both the conscious mind and the subconscious mind. The conscious mind is very analytic and sometimes judgmental. When a thought moves from the conscious mind to the unconscious mind, it has a greater chance of being reacted upon without hesitation. The unconscious mind has the power to trump the conscious mind in some instances, and many believe that the law of attraction is one of these instances. For the law of attraction to work, someone must think almost obsessively about one particular thing they would like to happen.

Since the law of attraction is dependent on the subconscious mind, it’s also important that you free your mind of any limiting or distracting thoughts when aiming for a goal. Contradictory thoughts or clutter in the mind can lead to confusion with the law of attraction. Be open to new ways to approach thoughts or problems, because the way you know how to do something may not be the best way to do it. The law of attraction relies heavily on your inner guidance and innate way of thinking. You shouldn’t have to actively pursue many options, as they will be presented to you. To really allow the law of attraction to impact your life, you have to be willing to see the signs and opportunities that begin to come your way, and act on them so that you don’t miss out on these outcomes. Use these tips to get what you want by using the law of

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