

## Do natural cures work fast

Written by Jen Anderson  
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The effectiveness of natural cures and home remedies is always in question as new remedies are suggested and people discover whether or not they work. Research has proven that many natural cures simply do not work, but there are others that have some validity, even within the modern medical field. Many people use natural remedies instead of over-the-counter or doctor prescribed treatments because of the belief that the body can be healed with things found from the earth. Natural remedies also do not have any harsh chemicals. The question still remains, however, whether or not natural remedies work as well and as fast as doctor prescribed remedies. For some natural treatments, the answer is that they do work quickly, while for others, a natural treatment could take much longer to be effective than a medication.

For natural cures that work fast, the common theme is that the remedies are being used to treat minor issues. For things like blisters and pimples, natural remedies can be a very good alternative to using chemically made products. For bigger issues, like ADHD and cancer, natural remedies will most likely not work quickly or solve the entire problem. This being said, natural remedies can still help alleviate symptoms or even reduce the risk of getting certain illnesses and diseases. Before beginning to use a natural cure, be sure that you have all of the information about the remedy and any possible side effects that the natural cure could produce, just like you would with any other medication. Just because something is labeled as organic or natural does not mean it will not have an adverse reaction when applied topically to your body or consumed.

Some natural cures that are known to work fast are natural cures for bad breath, blisters, pimples, body odor, constipation, headaches, hiccups, bug bites and more. These minor issues all have home remedies associated with them that have been proven to work fast. Natural cures often involve essential oils or other plant based products, or even things that you can find in your own home.

An example of a natural cure that works fast is using witch hazel to dry up blisters. If you go to a doctor for a blister or a wart, they will most likely drain it or freeze it off with dry ice. Using a natural remedy, such as witch hazel, prevents the needs for a doctor's visit and harsh treatment. Popping a blister can lead to infection, so instead you should swab the blister with witch hazel that you can find at any drugstore. Using witch hazel on the blister 3-4 times a day will dry up the blister because witch hazel contains astringent tannins and alcohol, which promote drying within the skin and also increase circulation to ease pain.

Other natural cures involve ingredients that you can find around your house, at your local drugstore or at the grocery store. Some natural remedies are also just tips and tricks that have been passed down from generation to generation. If you are looking for a natural cure, chances are that if you can find it listed in at least three places, it is worth giving a try. Sometimes natural cures work better and faster than what a doctor would prescribe you or tell you to do, but the natural cures may take a little more searching to find. Natural cures often work with the composition of your body rather than attacking it with harsher treatments. Plant based and nature-based ingredients and treatments will often be gentle on your body, but their effectiveness is sometimes called into question. Most of the time, it can't hurt to try a natural

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remedy first before seeking other treatment. However, if the symptoms of the issue persist or get worse, it may be necessary to seek professional medical attention so that the issue does not turn serious.